



SYMBIOSIS

# Symbiosis College of Arts and Commerce

(An Autonomous College Affiliated to University of Pune)

Subject code		Semester	I	II	III	IV	V	VI	M.A.	I	II	III	IV
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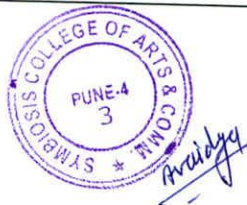
Title of Subject	<b>M.A. – SEM II - Personality</b>												
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Objectives	<ol style="list-style-type: none"> <li>1. To provide the students with a comprehensive, rigorous and systematic treatment of centrally important theories of personality.</li> <li>2. To allow the students to observe and interpret individual differences in behaviour in the light of sound theoretical systems of personality.</li> <li>3. To acquaint the students with the applications of personality theories in different walks of life.</li> </ol>
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## Detailed syllabus

Unit	Contents of the syllabus	Number of Lectures
1	Introduction to Personality <ol style="list-style-type: none"> <li>1. Definition and nature of Personality</li> <li>2. Characteristics of a good personality theory and evaluation of personality theory</li> <li>3. Goals of Personality research</li> <li>4. General strategies of personality research</li> </ol>	10
2	Psychoanalytic and Neo-Psychoanalytic Theories of personality <ol style="list-style-type: none"> <li>1. Freud's Psychoanalytic Theory of Personality</li> <li>2. Carl Jung</li> <li>3. Adler, Horney</li> <li>4. Erik Erikson</li> </ol>	10
3	Learning, Social-Cognitive, Humanistic -Existential And Indian Approaches to Personality <ol style="list-style-type: none"> <li>1. Behaviorism and the Learning Approaches to Personality</li> <li>2. Social-Cognitive Theory: Bandura and Mischel</li> <li>3. Humanistic Theory: Abraham Maslow, Carl Rogers</li> <li>4. Existential positions: Victor Frankl, Rollo May</li> <li>5. Indian perspective</li> </ol>	10
4	Trait Approach, Biological Foundations and Research <ol style="list-style-type: none"> <li>1. Trait Theories of Personality: Allport, Eysenck, and Cattell</li> <li>2. The Five-Factor Model; Applications and Evaluation of Trait Approaches to Personality</li> <li>3. Personality in Context: Interpersonal Relations, Culture, and Development Across The Course of Life</li> <li>4. Assessing Personality Theory and Research</li> </ol>	10
Total Number of Lectures		40

Suggested Reference Books



1. Cervone, D. and Pervin, L. (2016). *Personality Theory and Research*. 13th ed. Jefferson City: John Wiley and Sons
2. Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). *Theories of Personality*. 4 th Edn. Wiley: India.
3. Hall, C.S., Lindzey, G. & Campbell, J. B. (1998). *Theories of Personality*. New York: John Wiley & Sons.
4. Ryckman, R.M. (1978). *Theories of Personality*. D.Van Nostrand Company: New York.
5. Frager, R. & Fadiman, J. (2007). *Personality and personal growth*. 6th Edn. Pearson Prentice Hall, India.
6. Mayer, F.S & Sutton, K. (1996). *Personality: An integrative approach*. N.J.: Prentice-Hall. 6. Larsen & Buss *Personality Development*
7. Buck, R. (1976) *Human Motivation and Emotion*, New York: Wiley. 8. Endler, N.S., & Magnusson, D. (1976) *Interactional Psychology and Personality*. Hemisphere Pub. Corporation.
8. Kalat, J. W. (2000). *Biological psychology*. Wadsworth, Inc.
9. Schultz, D.P & Schultz, E.S. (2005). *Theories of personality*. Delhi: Thomson Wadsworth.
10. Kaplan, H.B. (1996), *Psychological stress from the perspective of selftheory*. In: H.B. Kaplan (Ed) *Psychological stress*. N.Y. Academic Press:
11. Kuppuswami, B. (1985) *Elements of ancient Psychology*. Delhi: Vani Educational Books. 13. Lazarus, R.S. and Monat, A. (1979). *Personality*. Prentice Hall, Inc.
12. McCrae, R.R. & Allik, J. (eds) (2002). *Five-factor model across cultures*. Dordrecht: Netherlands: Kluver. 15. London, H. & Exner, J.E. (1978) *Dimensions of Personality*. New York: Wiley
13. Oatley, K. & Jenkins, J. M. (1992). *Understanding emotions*. Cambridge: Blackwell publishers.
14. Franken, R. E. (2007). *Human motivation*. USA: Thomson Higher Education. 18. Mischel, W.; Shoda, Y.; & Smith, R. E. (2004). *Introduction to personality*. John Wiley & Sons
15. Feshbach, S. & Weiner, B. (1991) (3rd ed). *Personality*. Toronto: Health & Co. 20. Pervin, L.A. (1996). *The science of personality*. NY: John Wiley & Co. 21. Kundu, C.L. (1989). *Personality development*. ND: Sterling Pub. 22. Tart, C.T. (ed) (1975). *Transpersonal psychology*. NY: Holt, Rinehart & Winston.
16. Cornelissen, R. M, Misra, G., & Verma, S. (2010), *Foundations of Indian Psychology Volume 1: Theories and Concepts*, India: Dorling Kindersley (India) Pvt Lt

#### Suggested Journals

1. Srivastava, K. (2012). Concept of personality: Indian perspective. *Industrial Psychiatry Journal*, 21(2), 89–93.

#### Web sites :

1. [www.apa.org](http://www.apa.org)

